



Australian Professional Snowsport Instructors

# **Creating Versatile Instructors and Riders**

**Snowboard Presentations** 

#### **Australian Variables**

Australians; we love the outdoors, we are willing to try anything, we have a "let's just have a go" mentality, our snow conditions are extremely variable, and our weather conditions can change every hour, every minute or every second of the day. We understand other countries experience these as well, however; in Australia this variability represents about 98% of our season.

#### **Indoor Presentation**

Our indoor presentation will articulate three core concepts we feel contribute to developing versatility in our riders and instructors in order to manage these variables.

This versatility will then benefit our instructors and guests, instilling the confidence to ride and teach anywhere in the world – Snowsports for the future. We will look at:

- 1) Our fundamental movements on snow
- 2) How we integrate these fundamental movements into athlete pathways
- 3) How we are future proofing this system in our teaching

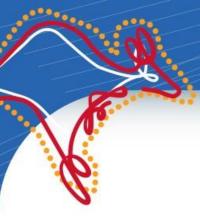
## On Snow Workshop

The goal for the on-snow workshop is to explore deeper into our fundamental movements on snow. We will look at two concepts that are important in how we move on snow in the Australian system in order to deal with our variable conditions. We will then present how these remain consistent, even as our performance changes, as we move our APSI certification through system.











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We look forward to you joining us.

### **The Australian Snowboard Team:**

Oscar Alston, Adam Rigby, Adam Federico, Kylie Dwyer



